

For Surrey and Abbotsford Areas Only

March 2014

Dear Business Owner/Vaisakhi Festival Food Booth Volunteer, Surrey and Abbotsford

Re: Serving/Distributing Food at Community Festivals (such as at the Vaisakhi Parade)

Thank you for reviewing this package which is intended to make your experience as a food booth server/volunteer safe.

Each year numerous community festivals bring families and businesses together in celebration. This year you and/or your business may be thinking about getting involved by preparing or serving food to the participants or general public at one of these colourful events. **Hand washing when serving food at these events is crucial.** It not only protects yourself and others from food poisoning but also prevents many common infections. It is estimated that 80% of infections, such as colds, sore throats, ear aches, rashes, and flu, are spread by unclean hands.

In this package you will find:

- A temporary food premises application package (this includes a form you need to complete and submit to your local Health Protection office 14 days before your event).
- Flow chart (a cheat sheet on things to remember to minimize your risk and the public's from getting sick).
- Articles (both in English and Punjabi which highlights hand washing necessities while working at community festival food booths).

Once you have reviewed and completed the form, submit it to your local Health Protection office. If you have any questions, please give your local Environmental Health Officer (aka Health Inspector) a call:

Surrey 604-930-5405 orAbbotsford 604-870-7900

They are happy to give you free information about how you can protect yourself and others from getting sick. Punjabi speaking Environmental Health Officers are available in both Surrey and Abbotsford.

Food safety consultation from your local Environmental Health Officer is still available and your call is welcomed.

Thank you for your time and kind attention towards this matter.

Sincerely,

Sandra Gill and Inderjeet Gill



Temporary Food Premises Application

Review and complete all relevant parts of this form

CELL PHONE NUMBER

The personal information collected relates directly to and is necessary for program operation per Section 26 of the *Freedom of Information and Protection of Privacy Act.* If you have any questions about the collection and use of this information, contact your local Environmental Health office.

Important things to remember

- This application needs to be submitted to the local Health Protection Office at least 14 days before the event.
- Incomplete applications or those submitted after the deadline may not be approved.
- There is No Charge associated with the application.
- You may not serve food without an operating permit or written approval from the Environmental Health Officer (EHO).
- This application applies only to premises operating less than 14 days per year.
- This application does not need to be completed for private events (i.e. weddings, family reunions)

Applicants operating a mobile food premises with a Fraser Health or Vancouver Coastal Health approval or operating permit

Complete only Part A of the application.

NAME OF INDIVIDUAL / ORGANIZATION OPERATING FOOD PREMISES

- Sign and submit the application to the local Environmental Health Officer.
- Attach a copy of your permit or approval to this application.

Part A

APPLICANT INFORMATION

	()	()
MAILING ADDRESS	FAX NUMBER	E-MAIL ADDRESS
	()	
STREET	,	
Officer		
CITY PROVINCE	POSTAL CODE	
NAME OF APPLICANT (IF DIFFERENT THAN ABOVE)	TELEPHONE NUMBER	CELL PHONE NUMBER
	()	()
NAME OF PERSON IN CHARGE ON DAY OF EVENT		
EVENT INFORMATION		
NAME OF EVENT	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
NAME OF EVENT	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
NAME OF EVENT	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
NAME OF PREMISES/PROPERTY WHERE EVENT IS HELD (E.G. NAME OF PARK)	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
NAME OF EVENT	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
NAME OF PREMISES/PROPERTY WHERE EVENT IS HELD (E.G. NAME OF PARK)	NAME OF EVENT COORDINATOR	(FOR EVENTS WITH MORE THAN ONE FOOD VENDOR)
NAME OF EVENT NAME OF PREMISES/PROPERTY WHERE EVENT IS HELD (E.G. NAME OF PARK) ADDRESS (STREET/CITY)		
NAME OF PREMISES/PROPERTY WHERE EVENT IS HELD (E.G. NAME OF PARK)	NAME OF EVENT COORDINATOR HOUR(S) YOU WILL BE OPERA	
NAME OF EVENT NAME OF PREMISES/PROPERTY WHERE EVENT IS HELD (E.G. NAME OF PARK) ADDRESS (STREET/CITY)		
NAME OF EVENT NAME OF PREMISES/PROPERTY WHERE EVENT IS HELD (E.G. NAME OF PARK) ADDRESS (STREET/CITY)		

TELEPHONE NUMBER



Part B

FOOD SERVICE - All applicants to complete this section

INSTRUCTIONS

- Column A List all food(s) that will be prepared, served, sold, sampled or given away (include beverages, condiments and all extra ingredients served at the event). If you need more space please add a separate sheet.
- Column B List of suppliers. All food needs to be obtained from a commercial food business.
- Column C If food is prepared in advance of the event indicate who will prepare the food and where it will be prepared. Food(s) cannot be
 prepared or stored at home.

(Attach Additional Sheet If Required)

Column A	Column B	Column C If food is prepared in advance	
Food & beverages	Supplier/Producer	Who will prepare food?	Where is food prepared? (physical address)

Part C

PHYSI	PHYSICAL DETAILS – All applicants to complete this section					
	What type of premises will be used to prepare and/or store food at the site of the event? (check (\checkmark) one)					
	A temporary food booth (tables & tents)	Premises will be located outdoors Premises will be located indoors	The Environmental Health Officer may require a diagram of your set-up. See Appendix A			
	Name of Facility		Physical address			
			*			

Part D					
OPERATION	OPERATIONAL PLAN – All applicants to complete this section				
Equipment f	for Food Storage, Preparation and Service				
	u do the following? ne or more option(s) from each category below)				
Transport for	od to event	Keep fo	od hot		
	poler(s) with ice/ ice packs	Ġ	Barbeque		
☐ Re	efrigeration/freezer unit(s)		Stove/oven		
☐ Ins	sulated container(s) (hot foods)		Insulated containers		
☐ Oth	her		Chafing dishes		
Keep food co	bld		Other		
<u>-</u>	efrigeration/freezer unit(s)		Foods will not need to be kept hot		
_	poler(s) with ice packs	Check t	emperatures		
	her		Probe thermometer (for foods)		
☐ Foo	ods will not need to be kept cold		Refrigerator thermometer		
Prepare / serv	•		Thermometers will not be needed		
<u> </u>	ensils (e.g. tongs, spoons)	Protect	food from contamination		
☐ Po	ots/pans/bowls		Tent/umbrella		
☐ Cu	utting board(s)		Food wrap		
_	her		Food storage containers		
☐ Ute	ensils will not be needed		Sneeze guard		
Cook / reheat	t food		Other		
_	arbeque	Provide	dishware/cutlery for customers		
_	ove/oven		Single use (disposable)		
☐ Oth	her		Other		
_	oods will not need to be cooked or reheated		Dishware/cutlery will not be needed		



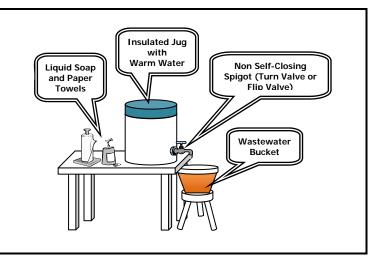
Part D -	Continued			
Utilities				
	I you provide the following?			
Water so	City water Private water source (address) Other Water is not needed	Waste v	e collection / disposal Garbage cans & haul away Garbage cans & dumpster on-site Other (describe)	
Power source Battery Electricity Gas / propane Generator Other Power source is not needed		Waste v	Container / bucket (larger than potable water container) Direct connection to existing plumbing Other (describe) Waste water collection will not be needed e water disposal City Sewer	
Cleanin	g, Sanitizing and Hand Washing			
	ill you use for? ✓) one or more option(s) from each category below)			
Dishwashing sinks Cleaning and sanitizing equipment			g and sanitizing equipment	

What will you use for? (check (\checkmark) one or more option(s) from each category below)						
Dishwashing sinks		Cleaning and sanitizing equipment				
<u> </u>	2 compartment sink with hot and cold running water on-site Other Dishwashing sinks will not be needed		Dishwashing detergent Bleach: 2 tablespoon bleach in 1 gallon water or 1 tsp bleach per litre water) Other (describe)			
Hand was	shing sinks (select all that apply)					
	Portable hand sink with hot and cold running water withinft/meters of food preparation area		Sanitizer is not needed			
	A temporary hand wash station will be set up as per the diagram below					
	Liquid soap and paper towels					
	Other (describe) Hand washing sinks will not be needed					

How to Set up a Temporary Hand washing Station

This set-up may be considered for only one perishable food.

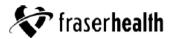
- Always wash your hands before starting work and after using the toilet
- Wet your hands, lather with soap for 20 seconds, rinse, and dry with paper towel.
- Ensure you provide enough potable water. At least 25 litres / 5 gallons is recommended.
- Dispose of wastewater into a sanitary sewer connection only (toilet or laundry sink).





Part E

SAFE F	OOD PREPARATION, SANITATION PROCEDURES AND FOO	DD HA	ANDLER TRAINING
Note: Co	omplete this section only if you will be preparing food on site on the	day	of the event.
and prepa	preparing food at the event you need to provide a written plan that descratation areas are clean. Depending on the type of food and method of prety and Sanitation Procedures listed below or may require the submission Plan".	repara	tion the EHO may approve the use of the
Food Sa	ofety Procedures		
Review th	ne Food Safety Procedures listed below and check if applicable. The EHO	O may	require more detailed information
	Cold food will be stored and/or served at less than 4°C (40°F) Food will be cooked and/or reheated to at least 74°C (165°F). Hot foods will be served immediately or		All food will be obtained/purchased from a commercial food business Food handlers will wash hands thoroughly before handling foods
	Hot foods will be stored at a minimum temperature of 60°C (140°F).		Food and/or utensils will be protected from contamination Clean utensils will be used to serve foods
	If minimum temperatures are not maintained, food will be discarded	_	Cican decisis will be used to serve loods
	An accurate probe thermometer will be used to measure hot and cold food temperatures		
	Food temperatures will be checked before food service begins		
	Food temperatures will be routinely checked during food service		
Sanitatio	on Procedures		
Food con	tact surfaces, equipment and utensils will be frequently:		
_ 	Washed with dishwashing detergent and warm water Rinsed with clean water Sanitized using the method specified in Part D		
FOODS	AFE Training		
	ne person needs to be present at all times who has successfully completed ood handlers should have a copy of their FOODSAFE certificate with the		
INSTRUCTIO			
	e name(s) of the person(s) who is/are FOODSAFE certified and will be paracopy of the FOODSAFE certificate to this application	resen	t during event.
Name(s)	of FOODSAFE certified food handler		Date of Certificate



Part F					
APPLICAL	NT SIGNATUR	E			
processin	g of your app	lication.	etions in as much detail as possi		
			curate to the best of my knowled g 210/99) and any requirements		
DATE OF APP (day/month/yea		PRI	NT NAME	SIGNATURE	
For Office	Use Only				
	Permit Iss	ued			
	Approval I	ssued			
	Permit/Ap	proval not required below)			
	Rejected (see reasons below)	DATE APPLICANT NOTIFIED (day/month/yea	r)	
Conditions	of Permit:				
Reasons:					
EHO PR	INTED NAME				
EHO SIG	GNATURE				
DATE (d	ay/month/year)				



Temporary Food Premises Application

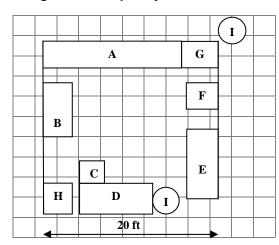
Appendix A

Diagram of a Temporary Food Premises

INSTRUCTIONS

- Provide a diagram of your temporary food premises set-up
- Your diagram should include:
 - Equipment for food storage and preparation
 - Where food, utensils and single service items will be stored
 - Location of hand washing station(s)
 - Location of dishwashing station(s)
 - Wastewater and garbage containers
 - A canopy or acceptable roof cover or flooring may be required
 - Flooring may be required

Example Diagram of Temporary Food Premises Set-up



A - Customer order/service table

B - Refrigerator

C – Handwashing station

D - Food preparation table

E – Barbecue grill

F – Chafing dishes

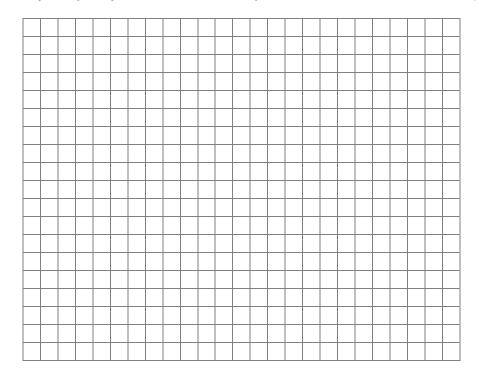
G – Condiment table

H – Dishwashing double sink

I – Garbage containers

Set-up is on a concrete walkway Tent will cover entire set up

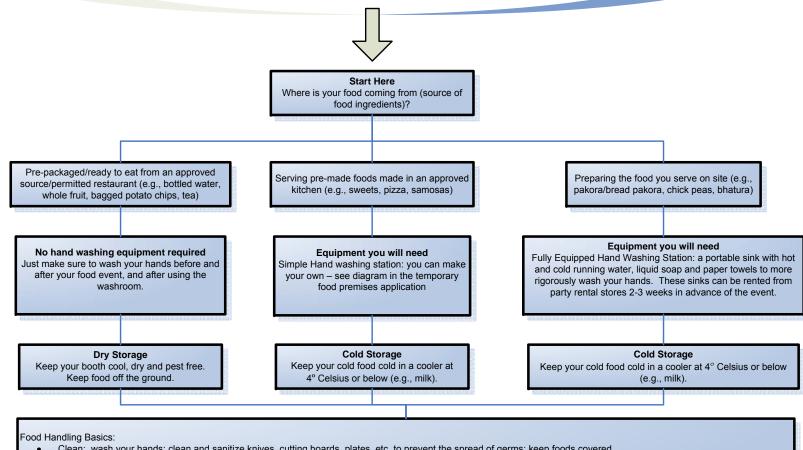
Diagram of My Temporary Food Premises Set-up at _____ (name of event)





Steps for Food Safety:

Your Responsibilities as a Food Booth Volunteer at a Community Festival



- Clean: wash your hands; clean and sanitize knives, cutting boards, plates, etc. to prevent the spread of germs; keep foods covered
- Cook: cook/re-heat food to 74° Celsius/165° Fahrenheit or specified product temperature (check with a digital food thermometer) and hot hold food to at least 60° Celsius/ 140° Fahrenheit
- Chill: keep refrigerated food 4° Celsius/40° Fahrenheit or below (check with a fridge thermometer)

Refer to the temporary food premises application package for more information.



Hand Washing: The Key to Health for You and Your Family

Each year numerous community festivals bring families and businesses together in celebration. This year you and/or your business may be thinking about getting involved by preparing or serving food to the participants or general public at one of these colourful events. **Hand washing when serving food at these events is crucial.** It not only protects yourself and others from food poisoning but also prevents many common infections. It is estimated that 80% of infections, such as colds, sore throats, ear aches, rashes, and flu, are spread by unclean hands.

Here's how to wash your hands:

- Wet your hands under warm running water.
- Scrub all parts of your hands with liquid soap and water for 30 seconds. Make sure you create a good lather, and scrub fingertips and under the nails with a finger nail brush.
- Rinse hands under warm running water to remove the lather from the wrists to the finger tips.
- Use a paper towel to dry your hands.
- Prevent re-contamination by using the paper towel to turn off the taps.

When is a hand wash station required?

No hand wash station

Serving pre-packaged food does not require a hand washing station at your food booth. For
example, handing out pre boxed personal pizza boxes, dispensing coffee, means you do not
touch the food so there is little danger of infecting the food or getting infected from another
person. Just make sure to wash your hands before and after your food event, and after
using the washroom.

Home Made/ Simple Hand Wash Station

You will need to regularly wash your hands if you are serving/distributing/portioning/ cooking
pre-made food such as sweets, or re-heating samosas, pakoras or other foods (made in an
approved kitchen). In this instance, you can make your own hand washing station with a
coffee urn, liquid soap, paper towels and a container for your waste water (talk to your Health
Inspector for more details two weeks before the event: Surrey 604-930-5405 or Abbotsford
604-870-7900).

Portable Plumbed Hand Wash Station

• If you are handling the food in a more involved way such as making the food on-site by chopping food to make a sabzee, daal, or frying foods, you will need a portable sink with hot and cold running water, liquid soap and paper towels to more rigorously wash your hands. These sinks can be rented from party rental stores 2-3 weeks in advance of the event.

Questions? Talk to your local Health Inspector for more details. They are happy to give you free information about how you can protect yourself, others, and your family from infections such as the common cold, food poisoning and even typhoid fevers while serving food at these celebrations.

For more information about food safety, please visit our website: www.fraserhealth.ca/foodsafetyathome



ਹੱਥ ਧੋਣਾ: ਤੁਹਾਡੀ ਅਤੇ ਤੁਹਾਡੇ ਪਰਿਵਾਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਦੀ ਕੁੰਜੀ

ਹਰ ਸਾਲ ਭਾਈਚਾਰੇ ਦੇ ਅਨੇਕਾਂ ਤਿਓਹਾਰਾਂ ਦੇ ਜਸ਼ਨ ਮਨਾਓਣ ਲਈ ਪਰਿਵਾਰ ਅਤੇ ਵਿਓਪਾਰਕ ਅਦਾਰੇ ਇਕੱਤਰ ਹੁੰਦੇ ਹਨ। ਹੋ ਸਕਦਾ ਹੈ ਇਸ ਸਾਲ ਤੁਸੀਂ ਅਤੇ/ਜਾਂ ਤੁਹਾਡਾ ਬਿਜ਼ਨਸ ਇਹੋ ਜਿਹੇ ਰੰਗੀਨ ਸਮਾਗਮ ਵਿਚ ਸ਼ਾਮਲ ਹੋਣ ਲਈ ਸੋਚ ਰਹੇ ਹੋਵੋਂ ਅਤੇ/ਜਾਂ ਇਸ ਤਰ੍ਹਾਂ ਦੇ ਜੰਤਕ ਇਕੱਠ ਵਿਚ ਖਾਣਾ ਵਰਤਾਉਣ ਵਿਚ ਹਿੱਸਾ ਲੈਣ ਲਈ ਤਿਆਰੀ ਕਰ ਰਹੇ ਹੋਵੋ। ਇਨ੍ਹਾ ਸਮਾਗਮਾਂ ਤੇ ਖਾਣਾ ਵਰਤਾਉਣ ਸਮੇਂ ਹੱਥ ਧੋਣਾ ਅਤਿ ਜ਼ਰੂਰੀ ਹੈ। ਇਹ ਤੁਹਾਨੂੰ ਅਤੇ ਦੂਜਿਆਂ ਨੂੰ ਖਾਣੇ ਨਾਲ ਹੋਣ ਵਾਲੇ ਜ਼ਹਿਰਵੇਂ (ਫੂਡ ਪੋਇਜ਼ਨ) ਤੋਂ ਹੀ ਨਹੀਂ ਬਚਾਉਂਦਾ, ਸਗੋਂ ਕਈ ਆਮ ਹੋਣ ਵਲੀਆਂ ਇਨਫੈਕਸ਼ਨ ਤੋਂ ਵੀ ਬਚਾਉਂਦਾ ਹੈ, ਜਿਵੇਂ ਕਿ ਠੰਡ ਲੱਗਣਾ, ਗਲਾ ਖਰਾਬ ਹੋਣਾ, ਕੰਨ ਦੁਖਣਾ, ਖੁਜਲੀ ਅਤੇ ਫਲੂ।ਲੱਗ ਭੱਗ 80 ਪ੍ਰਤੀਸ਼ਤ ਇਨਫੈਕਸ਼ਨ ਹੱਥਾਂ ਰਾਹੀਂ ਹੀ ਫੈਲਦੀਆਂ ਹਨ।

ਹੇਠ ਲਿਖੀਆਂ ਹਿਦਾਇਤਾਂ ਅਨੁਸਾਰ ਹੱਥ ਧੋਵੋ :

- ਚਲਦੇ ਕੋਸੇ ਪਾਣੀ ਹੇਠ ਪਹਿਲਾਂ ਹੱਥ ਗਿੱਲ਼ੇ ਕਰ ਲਵੋ।
- 30 ਸਕਿੰਟ ਤੱਕ ਤੁਸੀਂ ਆਪਣੇ ਹੱਥਾਂ ਦੇ ਸਾਰੇ ਹਿੱਸੇਆਂ ਤੇ ਸਾਬਣ ਮਲੋ।ਸਾਬਣ ਦੀ ਚੰਗੀ ਤਰਾਂ ਝੱਗ ਯਕੀਨਨ ਬਣਾਓ ਅਤੇ ਉਂਗਲੀਆਂ ਦੇ ਪੋਟੇ ਅਤੇ ਨੌਹਾਂ ਦੇ ਥੱਲਿਓਂ ਬੁਰਸ਼ ਨਾਲ ਰਗੜੋ।
- ਚਲਦੇ ਕੋਸੇ ਪਾਣੀ ਹੇਠ ਹੱਥ ਧੋਂ ਲਵੋ, ਝੱਗ ਨੂੰ ਗੁੱਟਾਂ ਤੋਂ ਲੈਕੇ ਉਂਗਲਾਂ ਦੇ ਅਖੀਰਲੇ ਪੋਟੇਆਂ ਤੱਕ ਧੋਵੋ।
- ਹੱਥ ਸੁਕਾੳਣ ਲਈ ਪੇਪਰ ਟਾਵਲ ਵਰਤੋ।
- ਦੁਬਾਰਾ ਗੰਦੇ ਹੋਣ ਤੋਂ ਬਚਾਉਣ ਲਈ ਪੇਪਰ ਟਾਵਲ ਨਾਲ ਹੀ ਟੂਟੀ ਬੰਦ ਕਰ ਦਿਓ।

ਜੰਤਾ ਨੂੰ ਖਾਣਾ ਵਰਤਾਉਣ ਵੇਲੇ ਜਾਂ ਖਾਣਾ ਤਿਆਰ ਕਰਨ ਵੇਲੇ ਹੇਠ ਲਿਖੇ ਆਦੇਸ਼ ਲਾਜ਼ਮੀ ਵਰਤੋ:

- ਪੈਕਟਾਂ ਵਿਚ ਬੰਦ ਖਾਣੇ ਨੂੰ ਵਰਤਾਉਣ ਵੇਲੇ ਕਿਸੇ ਵੀ ਫੂਡ ਬੂਥ ਤੇ ਹੱਥ ਧੋਣ ਵਾਲੇ ਸਟੇਸ਼ਨ ਦੀ ਜ਼ਰੂਰਤ ਨਹੀਂ ਹੈ। ਮਿਸਾਲ ਦੇ ਤੌਰ ਤੇ ਪੀਜ਼ੇ ਦੇ ਬਕਸੇ ਖੋਹਲਣੇ ਜਿਥੋਂ ਜੰਤਾ ਆਪ ਹੀ ਪੀਜ਼ਾ ਲੈ ਲੈਣ, ਮਤਲਬ ਕਿ ਤੁਸੀਂ ਤਾਂ ਖਾਣੇ ਨੂੰ ਛੂਹਣਾ ਹੀ ਨਹੀ ਹੈ, ਇਸ ਨਾਲ ਖਾਣੇ ਨੂੰ ਜਰਮ ਲੱਗਣਾ ਜਾਂ ਕਿਸੇ ਹੋਰ ਵਿਅਕਤੀ ਤੋਂ ਇਨਫੈਕਸ਼ਨ ਹੋਣ ਦਾ ਖਤਰਾ ਬਹੁਤ ਘੱਟ ਹੈ। ਗੁਸਲਖਾਨੇ ਜਾਣ ਤੋਂ ਪਿਛੋਂ ਅਤੇ ਖਾਣਾ ਵਰਤਾਉਣ ਵਾਲੇ ਸਮਾਗਮ ਤੋਂ ਪਿਛੋਂ ਹੱਥ ਧੋਣੇ ਲਾਜ਼ਮੀ ਹਨ।
- ਜੇ ਤੁਸੀਂ ਖਾਣਾ ਵਰਤਾ ਰਹੇ ਹੋ/ਵੰਡ ਰਹੇ ਹੋ/ਬਣੇ ਬਣਾਏ ਖਾਣੇ ਦੇ ਹਿੱਸੇ ਕਰ ਰਹੇ ਹੋ ਜਿਵੇਂ ਕਿ ਮਠਿਆਈ, ਜਾਂ ਸਮੋਸੇ, ਪਕੌੜੇ ਜਾਂ ਹੋਰ ਖਾਣਾ ਦੁਬਾਰਾ ਗਰਮ ਕਰ ਰਹੇ ਹੋ (ਜਿਹੜਾ ਕਿਧਰੇ ਹੋਰ ਬਣਿਆ ਹੋਵੇ) ਇਸ ਹਾਲਤ ਵਿਚ ਤੁਸੀਂ ਆਪਣੇ ਹੱਥ ਧੋਣ ਵਾਲਾ ਸਟੇਸ਼ਨ ਕੌਫੀ ਵਾਲਾ ਜੱਗ, ਆਮ ਸਾਬਣ, ਪੇਪਰ ਟਾਵਲ ਅਤੇ ਗੰਦਾ ਪਾਣੀ ਲਈ ਕੱਨਸਤਰ ਲੈਕੇ ਆਪ ਹੀ ਬਣਾ ਸਕਦੇ ਹੋ।
 - (ਹੋਰ ਤਫਸੀਲ਼ ਲਈ ਆਪਣੇ ਹੈਲਥ ਇੰਨਸਪੈਕਟਰ ਨਾਲ ਸਮਾਗਮ ਤੋਂ ਇਕ ਮਹੀਨੇ ਪਹਿਲਾਂ ਗਲ ਕਰ ਲਵੋ, ਸਰ੍ਹੀ 604-930-5405 ਜਾਂ ਐਬਸਫੋਰਡ 604-870-7900)
- ਜੇ ਤੁਸੀਂ ਖਾਣਾ ਹੈਂਡਲ ਕਰਨ ਜਾਂ ਬਨਾਓਣ ਵਿਚ ਪੂਰੀ ਤਰ੍ਹਾਂ ਸ਼ਾਮਲ ਹੋ ਜਿਵੇਂ ਕਿ ਓਸੇ ਥਾਂ ਤੇ ਕੱਟ ਕਿ ਸਬਜ਼ੀ ਜਾਂ ਦਾਲ ਬਨਾਓਣੀ, ਤਾਂ ਤੁਹਾਨੂੰ ਚਲਦਾ ਫਿਰਦਾ ਸਿੰਕ ਚਾਹੀਦਾ ਹੈ, ਜਿਸ ਵਿਚ ਤੱਤਾ ਠੰਡਾ ਪਾਣੀ ਚਲਦਾ ਹੋਵੇ ਤਾਂ ਕਿ ਤੁਸੀਂ ਆਪਣੇ ਹੱਥ ਹੋਰ ਚੰਗੀ ਤਰ੍ਹਾਂ ਧੋ ਸਕੋਂ। ਇਹ ਸਿੰਕ ਸਮਾਗਮ ਤੋਂ 2 – 3 ਹਫਤੇ ਪਹਿਲਾਂ ਪਾਰਟੀ ਰੈਂਟਲ ਸਟੋਰ ਤੋਂ ਕਿਰਾਏ ਤੇ ਲਏ ਜਾ ਸਕਦੇ ਜਨ।

ਕੋਈ ਸਵਾਲ ਹੈ? ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ ਆਪਣੇ ਸਥਾਨਕ ਹੈਲਥ ਇੰਨਸਪੈਕਟਰ ਨਾਲ ਗਲ ਬਾਤ ਕਰੋ। ਉਹ ਤਹਾਨੂੰ, ਤਹਾਡੇ ਪਰਿਵਾਰ ਅਤੇ ਦੂਜਿਆਂ ਨੂੰ, ਜਸ਼ਨਾ ਵਿਚ ਖਾਣਾ ਵਰਤੌਣ ਸਮੇਂ ਹੋਣ ਵਾਲੇ ਆਮ ਇੰਨਫੈਕਸ਼ਨ ਜਿਵੇਂ ਕਿ ਕੌਮਨ ਕੋਲਡ, ਖਾਣੇ ਨਾਲ ਜ਼ਹਿਰਵਾ, ਅਤੇ ਟਾਈਫੁਐਡ ਬੁਖਾਰ ਤੋਂ ਬਚਾਓਣ ਲਈ ਖੁਸ਼ੀ ਖੁਸ਼ੀ ਮੁਫਤ ਜਾਣਕਾਰੀ ਦੇਣਗੇ।

ਫੂਡ ਸੇਫਟੀ ਲਈ ਅਤੇ ਹੋਰ ਜਾਣਕਾਰੀ ਲਈ ਮਿਹਰਬਾਨੀ ਕਰਕੇ ਸਾਡੇ ਵੈਬ ਸਾਈਟ ਤੇ ਜਾਓ: www.fraserhealth.ca/foodsafetyathome